

Yakima Fire Department





Subject: Daylight Saving Time Begins March 14th Contact: Community Relations Specialist John Fannin – 249-6858 Release Date: Wednesday, March 10th, 2021

Daylight Saving Time Begins March 14th

Daylight saving time will officially begin at 2:00 am on Sunday, March 14th. Clocks are set ahead one hour and many people set their clocks to "spring forward" before they go to bed the night before, in this case Saturday, March 13th.

When you change your clocks, the Yakima Fire Department and the National Safety Council suggest also taking the opportunity to conduct safety checks around your home.

That includes:

- Checking your smoke alarms and carbon monoxide detectors to ensure they are in working condition.
- Reviewing your family emergency plan.
- Taking unwanted or expired medicines to a prescription drop box. Medication drop-box locations in Yakima include the Yakima Police Department, 200 S. 3rd St.; Yakima Neighborhood Health Services, 12 S. 8th St.; and Central Washington Family Medicine, 1806 W. Lincoln Ave.
- Updating your first aid kit.

Daylight saving time is scheduled to end on Sunday, November 7th, 2021 when clocks will "fall back" one hour.

With the official start of Spring just a few days away, YFD also offers the following spring cleaning safety tips:

- Clean your garage of stored newspapers or other rubbish that can fuel a fire.
- Test your smoke alarms monthly.
- Keep outdoor debris or dead vegetation away from your house.
- Properly dispose of oily or greasy rags.

Visit <u>https://yakimafire.com/</u> for more about the Yakima Fire Department.