



## Yakima Fire Department



# **News Release**

**Subject: Daylight Saving Time Begins March 13th**

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### **Daylight Saving Time Begins March 13<sup>th</sup>**

Daylight saving time will officially begin at 2:00 am on Sunday, March 13<sup>th</sup>. Clocks are set ahead one hour and many people set their clocks to “spring forward” before they go to bed the night before, in this case Saturday, March 12<sup>th</sup>.

When you change your clocks, the Yakima Fire Department and the National Safety Council suggest also taking the opportunity to conduct safety checks around your home.

That includes:

- Checking your smoke alarms and carbon monoxide detectors to ensure they are in working condition.
- Reviewing your family emergency plan.
- Taking unwanted or expired medicines to a prescription drop box. Medication drop-box locations in Yakima include the Yakima Police Department, 200 S. 3<sup>rd</sup> St.; Yakima Neighborhood Health Services, 12 S. 8<sup>th</sup> St.; and Central Washington Family Medicine, 1806 W. Lincoln Ave.
- Updating your first aid kit.

With the official start of Spring just a few days away, YFD also offers the following spring cleaning safety tips:

- Clean your garage of stored newspapers or other rubbish that can fuel a fire.
- Test your smoke alarms monthly.
- Keep outdoor debris or dead vegetation away from your house.
- Properly dispose of oily or greasy rags.

Visit <https://yakimafire.com/> for more about the Yakima Fire Department.